



an Open Access Journal by MDPI

Impact Factor 5.0

CiteScore 9.1

Indexed in PubMed

Nutrients

[mdpi.com/
journal/
nutrients](https://mdpi.com/journal/nutrients)



Message from the Editors-in- Chief

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

Prof. Dr. Maria Luz Fernandez

Aims

Nutrients will consider manuscripts for publication that provide novel insights into the impacts of nutrition on human health or novel methods for assessing nutritional status. This includes manuscripts describing the outcomes of animal studies that have relevance to human health.

Scope

- Macronutrients
- Micronutrients
- Essential nutrients
- Bioactive nutrients
- Nutrient requirements
- Nutrient sources
- Human nutrition aspects
- Functional foods
- Nutraceuticals
- Health claims
- Public health
- Diet-related disorders
- Metabolic syndrome
- Malnutrition
- Nutritional supplements
- Sport nutrition
- Nutritional status and body composition
- Bariatric surgery
- Sarcopenia
- Nutritional physiology
- Nutrigenomics

Author Benefits

Open Access

Unlimited and free access for readers

No Copyright Constraints

Retain copyright of your work and free use of your article

Thorough Peer-Review

2024 Impact Factor: 5.0

(*Journal Citation Reports* - Clarivate, 2025)

Discounts on Article Processing Charges (APC)

If you belong to an institute that participates with the MDPI Institutional Open Access Program

No Space Constraints, No Extra Space or Color Charges

No restriction on the maximum length of the papers, number of figures or colors

Journal Rank

JCR - Q1 (Nutrition and Dietetics) /
CiteScore - Q1 (Nutrition and Dietetics)

Coverage by Leading Indexing Services

Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases

Rapid Publication

A first decision is provided to authors approximately 12.9 days after submission; acceptance to publication is undertaken in 2.3 days (median values for papers published in this journal in the first half of 2025)

MDPI is a member of

CASPA



STM¹



SPARC*
Europe



DOAJ



ORCID

Affiliated Societies:

Asia Pacific Nutrigenomics Nutrigenetics Organisation (APNNO)
Austrian Society for Clinical Nutrition (AKE)
Biomedical Research Centre (CIBM)
European Sport Nutrition Society (ESNS)
International Chair for Advanced Studies on Hydration (CIEAH)
Italian Society for Pediatric Gastroenterology, Hepatology and Nutrition (SIGENP)
Società Italiana di Scienze dell'Alimentazione (SISA) - Italian Society of Food Sciences
Nutrition Society of New Zealand (NSNZ)
Ocular Wellness & Nutrition Society (OWNS)
Spanish Nutrition Foundation (FEN)
Spanish Nutrition Society (SEN)
Spanish Society of Community Nutrition (SENC)



Editorial Office

nutrients@mdpi.com

MDPI

Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34

mdpi.com

July 2025

